



15th
Anniversary
Edition
December 2024

Ripples

Waves of stories, adventures, and discoveries from the Andaman Sea.



Reclaiming
Heritage:

The New Names of Andaman's Iconic Islands

**SPOTLIGHT
ON
PARADISE**

**This Month's Must-
Visit Destination**

**Pack Like
a Pro**

Essentials for
Every Island
Adventure



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Andaman and Nicobar Islands
744102**

Message From the Director

Ahoy Readers!

As we celebrate 15 incredible years at Makruzz, I find myself reflecting on the journey that has brought us here—through calm seas and stormy waters, we've come a long way. Our story has been one of pioneering spirit, resilience, and an unwavering commitment to connecting travellers to the enchanting beauty of the Andaman Islands. It's been an honour and a privilege to be a part of your Andaman experiences, witnessing the joy, wonder, and memories that each journey brings.

Over the years, we've been humbled and encouraged by the incredible feedback from our guests, whose stories and experiences continue to inspire us. These 15 years have brought us numerous accolades, from the prestigious Maritime Excellence Award at the Global Maritime Summit 2023 to being the only ferry operator to be recognised as a Tourist Transport Operator by the Ministry of Tourism. Each of these recognitions is a testament to the hard work of our dedicated team and the trust of our loyal travellers.



As we move forward, our commitment to excellence only grows stronger. We're excited to expand our services, uphold sustainability, and enhance your travel experience in every possible way. "Ripples," our magazine, is a celebration of not just Makruzz but of the Andamans and the stories that make this place truly unique. Within these pages, you'll find tales of our islands, our people, and the moments that make this destination so special.

Thank you for being with us on this journey. Here's to many more years of making waves together.

Fair winds and following seas!

Mohamed Jadwet
Founder Director,
Makruzz

15 YEARS OF MAKRUZZ

**Sailing Through
Excellence and
Memories**

In the crystal-clear waters of the Andaman Sea, Makruzz has become synonymous with reliability, luxury, and exceptional travel experiences. As the first private ferry operator in the country, Makruzz celebrates 15 glorious years of connecting people, places, and unforgettable moments. From its inception in 2009 to becoming the backbone of Andaman's tourism landscape, Makruzz has set the gold standard for inter-island ferry services.

“We embarked on this journey to redefine travel in the Andamans,” says Mohamed H. Jadwet,. “Back then, connectivity was a challenge, and comfort was almost unheard of. Today, we are proud to say that Makruzz is not just a ferry service—it’s an integral part of the Andaman experience.”



What truly sets Makruzz apart is its uncompromising commitment to safety and quality. Each vessel in the fleet undergoes rigorous maintenance to ensure world-class standards of safety, hygiene, and performance. The onboard experience is nothing short of exceptional, offering comfortable seating, air-conditioned interiors, and a well-trained crew to make every journey seamless and enjoyable.

“Our vessels are our pride,” explains K Kundu. “They are maintained to meet global maritime standards. Every aspect—from regular servicing and safety checks to hygiene—is a top priority for us.”



Starting with one high-speed catamaran ferry, Makruzz has expanded its fleet over the years, becoming the operator with the most inter-island connections in the Andamans. This extensive network has supported the region’s growing tourism industry, enabling millions of travelers to explore Swaraj Dweep (Havelock), Shaheed Dweep (Neil), and beyond.



“What truly sets Makruzz apart is our team’s dedication and the trust of our passengers,” says CS Ashok. “We’ve always focused on exceeding expectations, whether it’s through our top-notch onboard hospitality, the extensive connectivity, or our commitment to safety.”

Makruzz’s contributions have not gone unnoticed. Accolades like the Maritime Excellence Award stand as a testament to the company’s efforts. “For us, these awards symbolize the trust our passengers place in us,” says Mohamed Jadwet. “It’s a privilege to be part of their Andaman story.”

As Makruzz celebrates its 15th anniversary, the focus is firmly on the future. With plans to introduce eco-friendly initiatives, expand its fleet, and elevate the onboard experience further, the company is ready to sail into the next chapter of its remarkable journey.

Here’s to 15 years of Makruzz—where every journey is a testament to safety, luxury, and unforgettable memories!

Table of Content.



13

ISLES OF WONDER

Legends of the Andaman

08

CREW CHRONICLES

Meet the Faces Behind
Makruzz

09

ISLAND SOULS

The People and Culture of
Islands

10

RECLAIMING HERITAGE

The New Names of
Andaman's Iconic Islands

11

SPOTLIGHT ON PARADISE

This Month's Must-Visit
Destination



15

SECRETS BENEATH THE WAVES

Exploring the Sea



17

SAIL SMART

Your Guide to Responsible
Sea Adventures

19

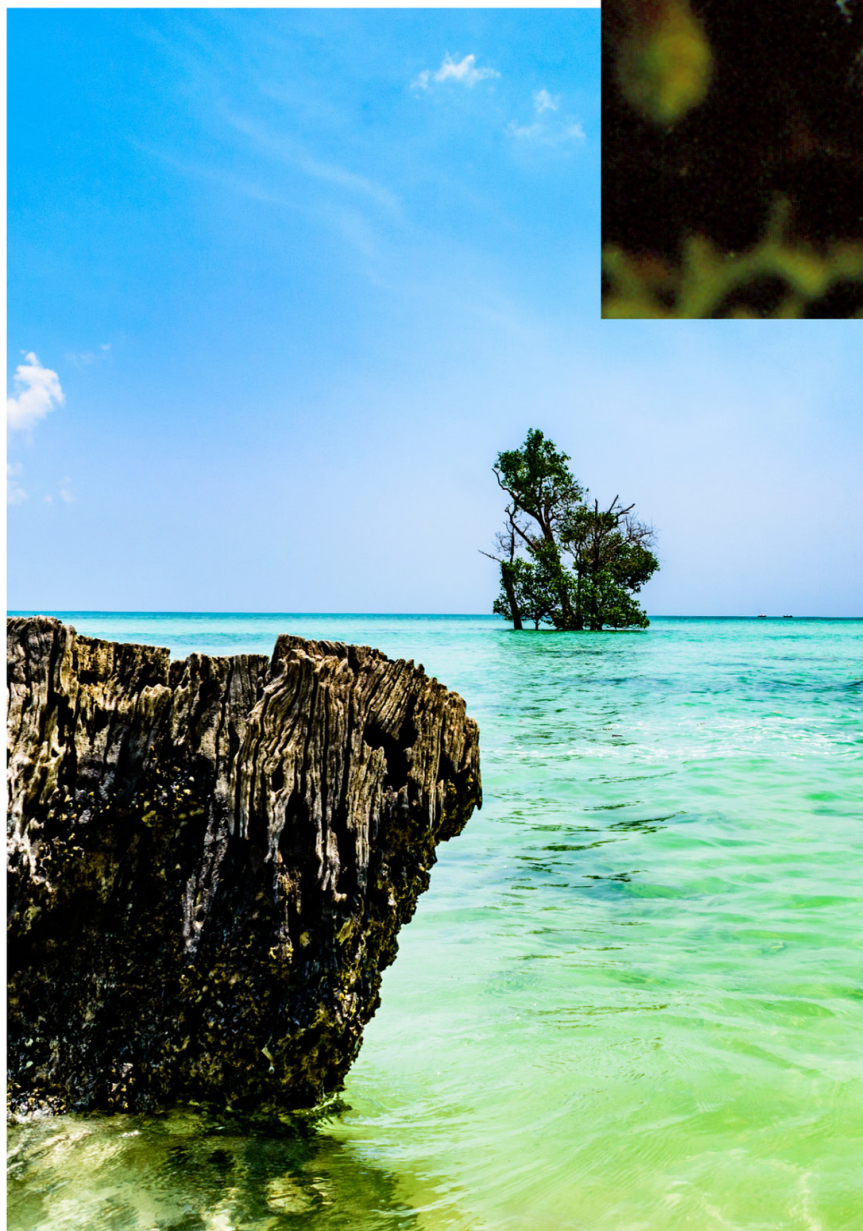
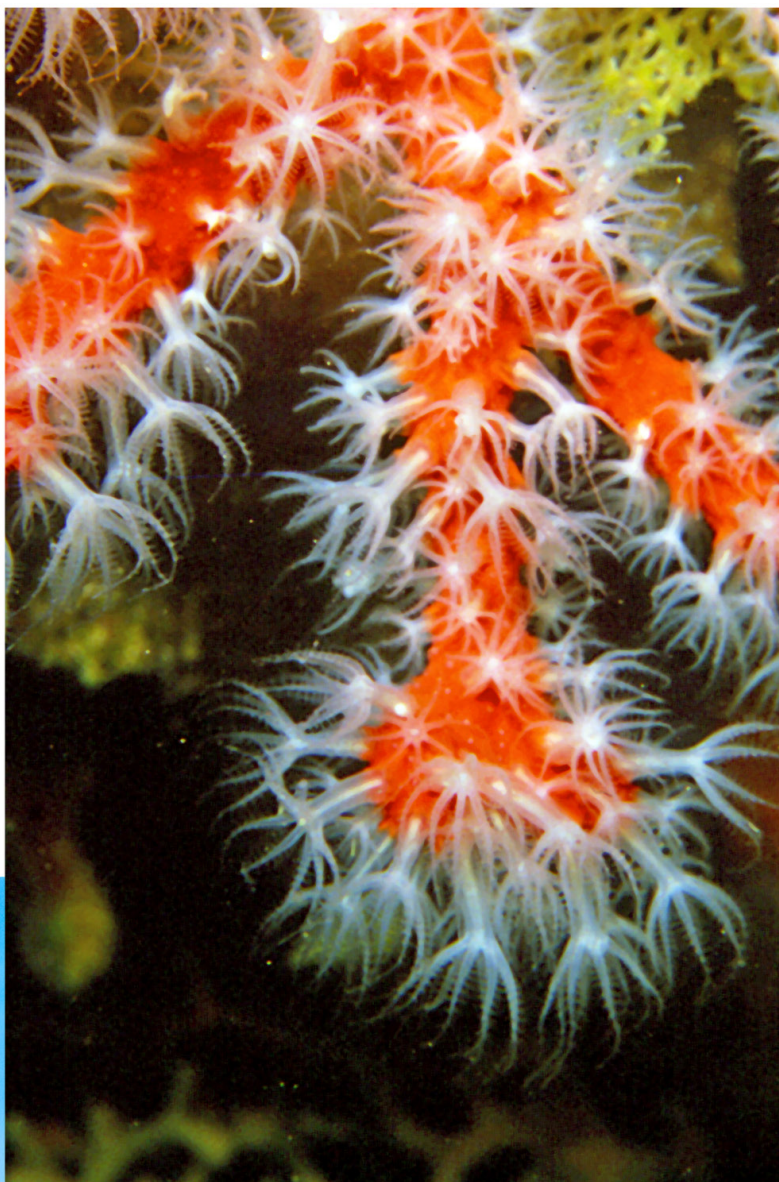
INNER CALM

Wellness and Mindfulness at
Sea

21

A TASTE OF THE ISLANDS

Recipes to Savor from the Andamans



23

PACK LIKE A PRO

Essentials for Every Island
Adventure

25 **OUR FLEET**

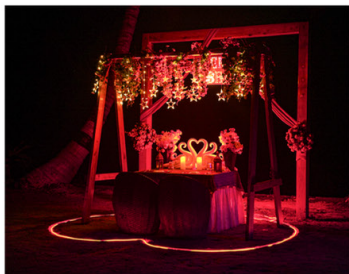
27 **CELEBRITY
TESTIMONIALS**

29 **FUN & GAMES**

HAVELOCK ISLAND BEACH RESORT

A heavenly retreat in Andaman Islands – India, Havelock Island Beach Resort boasts bright silvery beaches, swaying coconut palms, and vibrant marine life just steps away. Established in 2012, the resort offers Sea-facing accommodations on a private beach, lush tropical coconut gardens, an inviting pool with a poolside bar, eco-friendly sea-view cottages, diverse dining, exciting water sports all crafted for a luxurious yet sustainable island escape.

RESORT SPECIAL HIGHLIGHTS



BEACHSIDE CANDLE LIGHT DINNER

Experience romance under the stars with our enchanting beachside candlelight dinners, set along the shores of our private beach. From intimate, secluded setups to grand displays by the waves, each arrangement is crafted to create unforgettable memories amid the gentle lull of the Andaman sea.



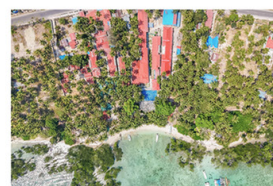
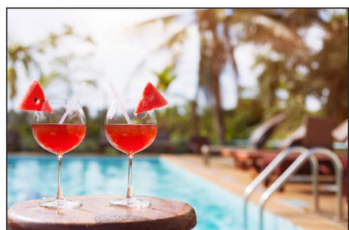
NEMO CAFE - THE BEACH CLUB

Step into the island's vibrant nightlife at Nemo Café – The Beach Bar, Havelock's only after-dark escape. Dance under the stars with live DJ beats, enjoy rain dances, groove on the floor, or relax at the beach bar, creating unforgettable nights by the sea.

BRUNCH ON THE BEACH



POOL BAR



SERVICES PROVIDED

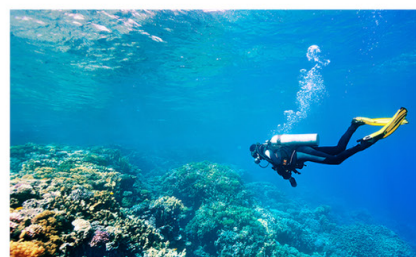
24 X 7 FOOD & BEVERAGES SEA-DRAGON RESTAURANT & BAR, THE ONLY 24/7 EATERY ON HAVELOCK ISLAND, OFFERS A DELIGHTFUL RANGE OF BREAKFAST, BRUNCH, AND LUNCH OPTIONS BY THE BEACH. SAVOR A VARIETY OF CUISINES WHILE ENJOYING STUNNING OCEAN VIEWS

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LOCATION - 5 MINS DRIVE FROM HAVELOCK ISLAND JETTY, GOVIND NAGAR BEACH NO. 2
HAVELOCK ISLAND (SWARAJ DWEET), ANDAMAN ISLANDS

CREW *Chronicles*

Meet the faces behind Makruzz

1 HOW LONG
HAVE YOU
BEEN WITH
MAKRUZZ?
2.3 YEARS

2 WHAT DO YOU ENJOY
MOST ABOUT YOUR
ROLE?

Interacting with the guest, give them a proper guidelines, and getting to know more about them too.

3 WHAT'S ONE
MEMORABLE
EXPERIENCE YOU'VE
HAD WORKING
HERE?

Facing much chaos on the field while handling guests.

4 WHAT'S A FUN
FACT ABOUT YOU
MOST PEOPLE
DON'T KNOW?

There are many of them but my favorite one is to mimic people in front of them.

5 IF YOU COULD
DESCRIBE
MAKRUZZ IN 3
WORDS, WHAT
WOULD THEY BE?

Enjoyable, Trusted and Value.

6 WHAT DO YOU LIKE DO
OUTSIDE OF WORK?

Outside work hours, I usually go to a movie, listen to music, write songs in the Nicobarie language, ride a bike, etc.

7 WHO INSPIRES
YOU AND WHY?

Fathers often have a significant impact on our lives. They can inspire through their values, work ethic, or the way they handle challenges.

8

WHAT'S YOUR
FAVOURITE
DESTINATION TO VISIT
IN THE ANDMANS?

The Andaman Islands are known for stunning destinations like Havelock Island, famous for its beautiful beaches and crystal-clear waters.

9 ANY MESSAGE OR
ADVICE FOR YOUR
COLLEAGUES?

A good piece of advice for colleagues is to embrace collaboration and communication.



Sarjeet Mathews (CSA)

Island Souls: The People and Culture of Islands

THE GREAT ANDAMANESE TRIBE

A century ago, the Great Andamanese tribes thrived across the jungles of the Andaman Islands, numbering thousands. Today, only a handful remain, confined to Strait Island, with their population reduced to a mere double digits. Their story is one of resilience and tragedy, stretching back 65,000 years as one of the world's oldest surviving communities.

Once composed of ten distinct tribes—Jeru, Bea, Bo, Khora, and others—the Great Andamanese had unique languages, customs, and beliefs. They revered spirits inhabiting the sky, sea, and earth, while viewing celestial bodies like the sun and moon as familial figures. Absent were notions of God, heaven, or morality, but their cultural richness was profound. Tragically, only fragments of their languages survive today, with most dialects lost alongside their speakers.

Their isolation shielded them from the outside world until the British arrived in the 18th century. Historical accounts—often exaggerated and prejudiced—depicted them as fierce, with features and behaviors deemed “wild” by outsiders like Marco Polo. Despite these depictions, early British colonists found a formidable foe in the Great Andamanese. Labeling the British as “Lao” or colorless ghosts, the tribes united in 1859 during the “Battle of Aberdeen” to repel intruders. Their bold attack on Port Blair, akin to mainland India’s independence struggles, was thwarted due to betrayal, resulting in devastating British retaliation.

The subsequent decades saw their numbers decline sharply due to disease, displacement, and forced resettlement. In the 20th century, they were relocated to Strait Island, a move intended to preserve their way of life but further eroded their cultural identity. Urbanization and integration with outsiders have since transformed their existence, leaving only remnants of their traditions.

Efforts continue to preserve their legacy through initiatives like the Andaman Adim Janjati Vikas Samiti. Yet, the Great Andamanese stand as a poignant reminder of the fragility of indigenous cultures in the face of modernization. Their story is not just one of survival but a call to recognize and protect the invaluable heritage they represent.



Boa Sr, the last known speaker of Bo
Source: Abhishek Avtans

Reference: Singh, A. K., & Chowdhury, A. (2022). Demographic trends and challenges of the Great Andamanese. *Journal of the Andaman Science Association*, 27(2), 35–45.

RECLAIMING HERITAGE: THE NEW NAMES OF ANDAMAN'S ICONIC ISLANDS

In recent years, the Andaman and Nicobar Islands have undergone more than just a change in scenery—they've seen a transformation in identity. The islands are now home to names that honor India's cultural and historical heritage, reflecting their significance to the nation. From Port Blair's renaming to Sri Vijaya Puram to Havelock and Neil Islands becoming Swaraj Dweep and Shaheed Dweep, each change carries a story of respect, remembrance, and pride. Here's a look into the reasons behind these renamings and what they symbolise.



Sri Vijaya Puram: The Transformation of Port Blair

Port Blair, the lively capital of the Andaman and Nicobar Islands, has been rechristened Sri Vijaya Puram in honour of the ancient Srivijaya Empire. This empire, a formidable maritime and trading kingdom, once stretched across Southeast Asia, fostering economic and cultural exchange throughout the Indian Ocean. The new name, Sri Vijaya Puram, seeks to reconnect Port Blair with its rich heritage as a gateway for maritime trade, acknowledging the influence of this historical era on the region's development. By adopting this name, the government honours a time when India was a powerful force in the Indo-Pacific region, celebrating an era of unity, exchange, and prosperity.



Swaraj Dweep: A Tribute to India's Freedom Movement

Formerly known as Havelock Island, Swaraj Dweep holds a name that resonates with India's freedom struggle. "Swaraj," meaning self-rule or independence, was a rallying cry for India's fight against British colonialism. This renaming commemorates the indomitable spirit of freedom fighters and the island's role in that struggle. The choice of this name is particularly symbolic, given that Netaji Subhas Chandra Bose hoisted the Indian flag on these islands in 1943, declaring them the first territory free from British rule. The renaming serves as a constant reminder of the hard-won sovereignty and the island's enduring significance in India's journey to independence.



Shaheed Dweep: Honoring the Martyrs

Similarly, Neil Island has been renamed Shaheed Dweep to pay homage to the martyrs who sacrificed their lives for India's freedom. "Shaheed" translates to "martyr," and this name is a heartfelt tribute to the countless men and women who laid down their lives to achieve independence. The renaming reflects a commitment to honor these individuals' memories and to keep their legacy alive. Visitors to Shaheed Dweep are now greeted not only by the island's natural beauty but also by a sense of history and reverence for those who fought for the nation's freedom.



Spotlight on Paradise

NETAJI SUBHAS CHANDRA BOSE ISLAND

A Gateway to the Past

Just a short ferry ride from the bustling city of Port Blair lies Ross Island (now renamed Netaji Subhas Chandra Bose Island), a destination that offers a perfect blend of history, scenic beauty, and wildlife. Once the administrative headquarters of the British during the colonial era, this enchanting island is now a must-visit destination for anyone exploring the Andaman and Nicobar Islands.

HISTORY COMES ALIVE

Ross Island, now renamed Netaji Subhas Chandra Bose Island, holds immense historical significance. It was the centre of British administration until an earthquake in 1941 forced officials to relocate to Port Blair. The island, now in ruins, tells tales of grandeur and tragedy through its dilapidated colonial structures, including:

- **The Chief Commissioner's Bungalow:** A crumbling reminder of British luxury amidst nature.
- **The Church Ruins:** The remnants of a beautiful church, now overtaken by tree roots, creating a hauntingly beautiful sight.
- **The Old Bakery:** Once serving fresh bread to British officers, it now stands silent as a relic of the past.

Exploring these ruins feels like stepping into a time machine, offering a glimpse into the colonial era.

Where to Stay

For a comfortable stay near Ross Island, these accommodations come highly recommended:

Zostel, Port Blair: Perfect for budget travellers and backpackers, Zostel Port Blair offers a lively social atmosphere, dormitories, and private rooms with modern amenities.

Lemon Tree Hotel, Port Blair: Just opposite to the airport and known for its convenient location and modern facilities, Lemon Tree Hotel provides comfortable rooms, an on-site restaurant, and a welcoming environment, making it a reliable choice for families and business travellers alike.

Big Tree Cottages, Chidiya Tapu: This is an ideal getaway for those looking to unwind in a peaceful, natural setting near Port Blair's attractions.

How to Get There

To reach Netaji Subhas Chandra Bose Island, take a 15-minute ferry ride from the Rajiv Gandhi Water Sports Complex in Port Blair. Ferries run regularly, but booking tickets in advance during peak seasons is advisable.

Wildlife and Nature

Beyond its ruins, the Island is also known for its friendly wildlife. Deer, peacocks, and rabbits roam freely across the island, adding charm to your visit. The island's picturesque landscape offers a tranquil escape, with lush greenery and panoramic views of the Andaman Sea.

Things to Do

Guided Tours: Join a guided tour to learn about the island's history, architecture, and transition from grandeur to ruins.

Wildlife Encounters: Get close to the tame deer and peacocks that call the island home.

Photography Opportunities: Capture the breathtaking blend of colonial ruins and thriving nature.

Dining and Refreshments

While this Island doesn't have restaurants, visitors can enjoy refreshments at Marina Park, adjacent to where the ferries depart. After your island adventure, consider dining at some top spots in Port Blair:

Light House Restaurant: Renowned for its fresh seafood offerings.

Mavi Rooftop Lounge: The rooftop ambience makes it an ideal place to unwind with a beautiful cityscape backdrop.

Ophelia Bistro: Known for its chic decor and welcoming vibe, it's a perfect spot for a relaxed meal after a day of exploration.

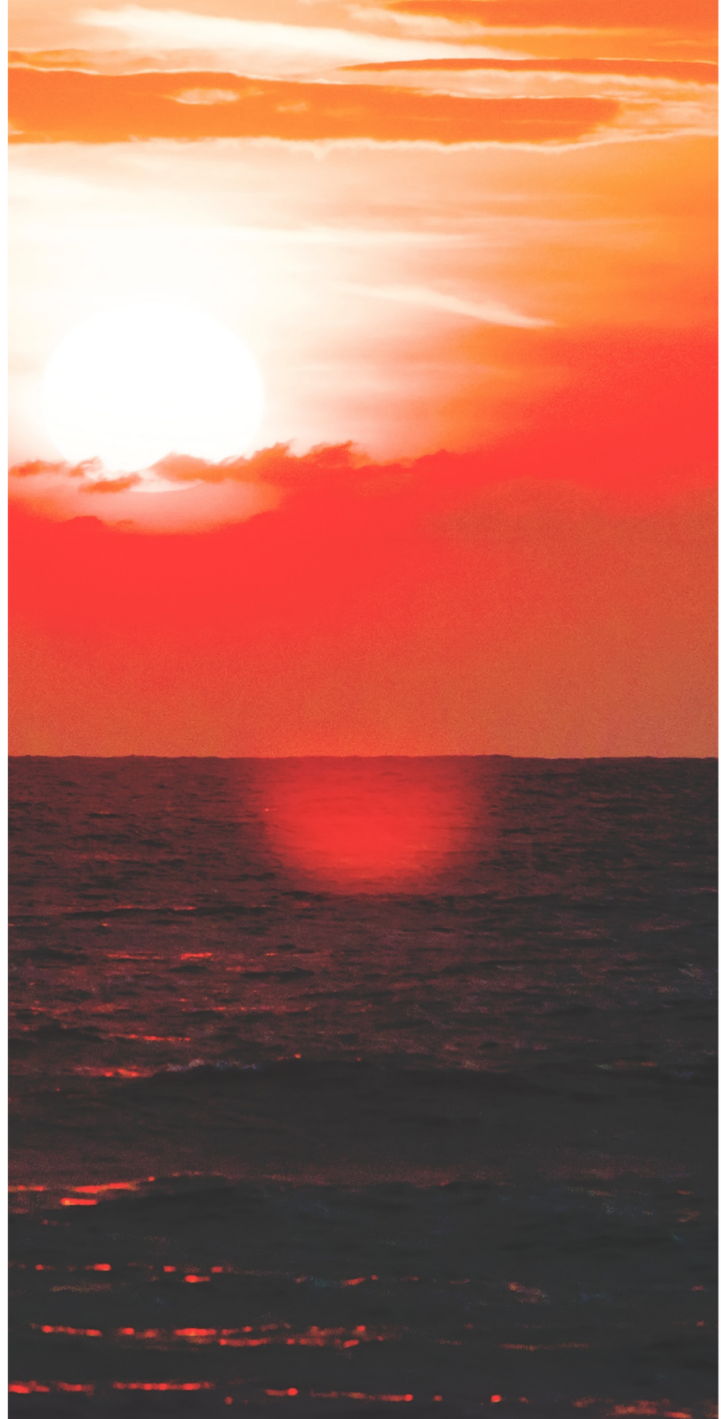
Why Ross Island

A visit to Netaji Subhas Chandra Bose Island offers more than just a sightseeing experience—it's a journey through time. This island embodies the contrast between the grand colonial past and nature's reclamation, making it an unforgettable destination for history lovers, photographers, and anyone looking to connect with the spirit of the Andamans.

With its blend of history, wildlife, and scenic beauty, this Island is the perfect highlight for this month's adventure. Whether you're a history buff, a wildlife enthusiast, or simply seeking a serene escape, this destination promises an experience that lingers long after your visit.

The Legend of PULUGA

In the heart of Andamanese folklore lies the legend of Puluga, the powerful deity believed to be the creator of the world and protector of the Andaman Islands. This ancient tale, passed down through generations, not only reflects the indigenous people's deep connection to nature but also serves as a valid cautionary reminder about the various consequences of disrespecting the environment.



According to the legend, Puluga once lived among the Andamanese people, providing them with the knowledge of hunting, gathering, and fire-making. Life flourished under his guidance, and the people lived harmoniously with nature. However, over time, humans grew careless. They began to neglect their duties, waste resources, and harm the delicate balance that sustained their lives.



Indo-Parthian stone palette, illustrating a fire ritual. Source: wikipedia

Puluga, angered by humanity's greed and disrespect, unleashed a great flood to cleanse the earth. For days, the waters rose, wiping out everything in their path. When the floodwaters finally receded, Puluga retreated to the sky, vowing never to live among humans again. However, he left behind essential knowledge—skills to hunt, fish, and cultivate the land—so that the survivors could rebuild their lives.

Even though Puluga no longer walks among them, the Andamanese believe that he watches over the islands from the sky. His story endures as a reminder of the importance of harmony with nature and the consequences of human carelessness. The legend of Puluga teaches that nature's gifts must be respected and cared for. Islanders believe that whenever nature is mistreated—whether by overfishing, polluting, or wasting resources—the spirit of Puluga may stir, bringing storms and hardship to the land. This ancient wisdom continues to resonate today, with many local communities urging visitors to tread lightly on the islands. Perhaps, if you listen closely to the ocean breeze or the rustling leaves, you might even feel Puluga's presence, silently watching over his creation.

CORAL REEFS

The Rainforests of the Sea

The coral reefs of the Andaman and Nicobar Islands are home to some of the most unique and endangered corals in the world, each species showcasing incredible adaptation, resilience, and vulnerability. Conservation efforts are vital here, as these corals not only contribute to marine biodiversity but also support the coastal protection, tourism, and livelihood of local communities.

The Andaman Sea, with its warm and nutrient-rich waters, supports a diverse range of hard and soft corals. Each type plays a distinct role in the marine ecosystem, creating vibrant underwater habitats that attract a variety of marine life.

TYPES OF CORALS



HARD CORALS

Coral reefs are living structures formed by tiny organisms called polyps, which secrete calcium carbonate to create the hard skeletons we recognize as coral. These reefs provide shelter, breeding grounds, and food for a variety of marine species, supporting an astonishing 25% of all marine life despite covering less than 1% of the ocean floor.

SOFT CORALS

Soft corals, or alcyonacea, do not build calcium carbonate skeletons like hard corals. Instead, they are flexible, swaying with the ocean currents, and contribute to the reef's diversity with their vibrant colors and unique textures.



GIANT CLAMS & CORALS

The massive, endangered giant clams (*Tridacna gigas*), often seen on Andaman reefs, have a symbiotic relationship with corals. In a unique partnership, giant clams provide space and nutrients for certain corals, enhancing the overall biodiversity of the reefs. These "living windows" allow for sunlight penetration and support a variety of corals, making them invaluable in reef restoration efforts.



Fire corals fiery defense mechanism

Named for their painful sting, fire corals (*Millepora* spp.) are not true corals but play a critical role in Andaman's reef health. They have unique structures and provide shelter for smaller fish, making them essential in the coral ecosystem. Fire corals are known for their rapid response to external threats, releasing nematocysts (stinging cells) that act as a fiery defense mechanism against predators. However, they're extremely sensitive to warming waters and are becoming endangered due to bleaching.



Mass Bleaching and the Survival of Resilient Species

The Andaman Sea experienced severe coral bleaching during the El Niño event of 1998, with over 80% coral loss in some areas. However, certain species like *Porites* (known as "boulder corals") showed remarkable resilience. These corals are known to survive in higher temperatures and are now studied as potential key species for reef restoration, carrying the hope of adapting to rising sea temperatures.



The Elusive Blue Corals

The blue coral (*Heliopora coerulea*), with its striking blue skeleton, is one of the rarest coral species in the Andamans. Found in the deeper, less-explored parts of the reef, blue corals have a unique iron-based compound that gives them their blue color and aids in resilience against certain diseases. They are considered a symbol of rarity and beauty in the marine world but are increasingly threatened by ocean acidification and poaching.

Branching Corals and Their Role in Tsunami Protection

After the devastating 2004 Indian Ocean tsunami, scientists observed that reefs with dense populations of branching corals like *Acropora* suffered less damage. These corals act as natural wave barriers, breaking the force of incoming waves before they reach the shore. Their ability to reduce wave energy highlights their importance in protecting coastal communities, making their conservation critical not only for biodiversity but for human safety as well.

The Endangered Red Coral Gem of Nicobar

Red corals, known scientifically as *Corallium rubrum*, have a rare subspecies found near the Nicobar Islands. Prized for its vibrant red hue, this coral has been harvested extensively for jewelry and is now endangered. Local laws and conservation efforts aim to protect these coral beds, preserving this "gem of the sea" for future generations.



SAIL *Smart*

As the allure of travel beckons us to explore the breathtaking Andaman Islands, it becomes imperative to tread lightly and protect the pristine environment that captivates our hearts. Responsible tourism is not just a choice; it's a commitment to preserving the delicate ecosystems we encounter. Here's how you can contribute to safeguarding the beauty of these islands while indulging your wanderlust.

RESPECTFUL INTERACTIONS

As you immerse yourself in the beauty of the Andaman Islands, remember the importance of respecting both the environment and the local community:

- **Honor Privacy:** Allow fellow beachgoers their personal space and maintain a respectful volume in public areas to appreciate the sounds of nature.
- **Cultural Sensitivity:** When passing through tribal areas, refrain from taking photos of indigenous people or initiating contact. Their privacy and traditions must be respected.

With these mindful practices, you can help preserve the beauty of the Andaman Islands for future generations while enjoying an enriching travel experience. Together, let's sail smart and leave only footprints behind.



WASTE NOT WANT NOT

The charm of the Andaman Islands can be marred by litter on the beaches and in the waters, posing a severe threat to wildlife and marine habitats. As a responsible traveller, you can make a significant impact by reducing your waste. Opt for reusable cloth bags and water bottles instead of single-use plastics. Simple changes can lead to a profound difference.

LEAVE NO TRACE

Embrace the "Leave No Trace" principle whether you're trekking through jungles or wandering along sandy shores:

- **Stay on Designated Paths:** Protect the flora by walking only on established trails. Creating new paths can harm the ecosystem.
- **Pack It In, Pack It Out:** Carry out all waste you bring into nature. This includes food wrappers, packaging, and cigarette butts—dispose of them responsibly in designated bins.
- **Respect Wildlife:** Avoid touching or feeding marine life when scuba diving or snorkelling. If you're into fishing, ensure no endangered species are harmed.



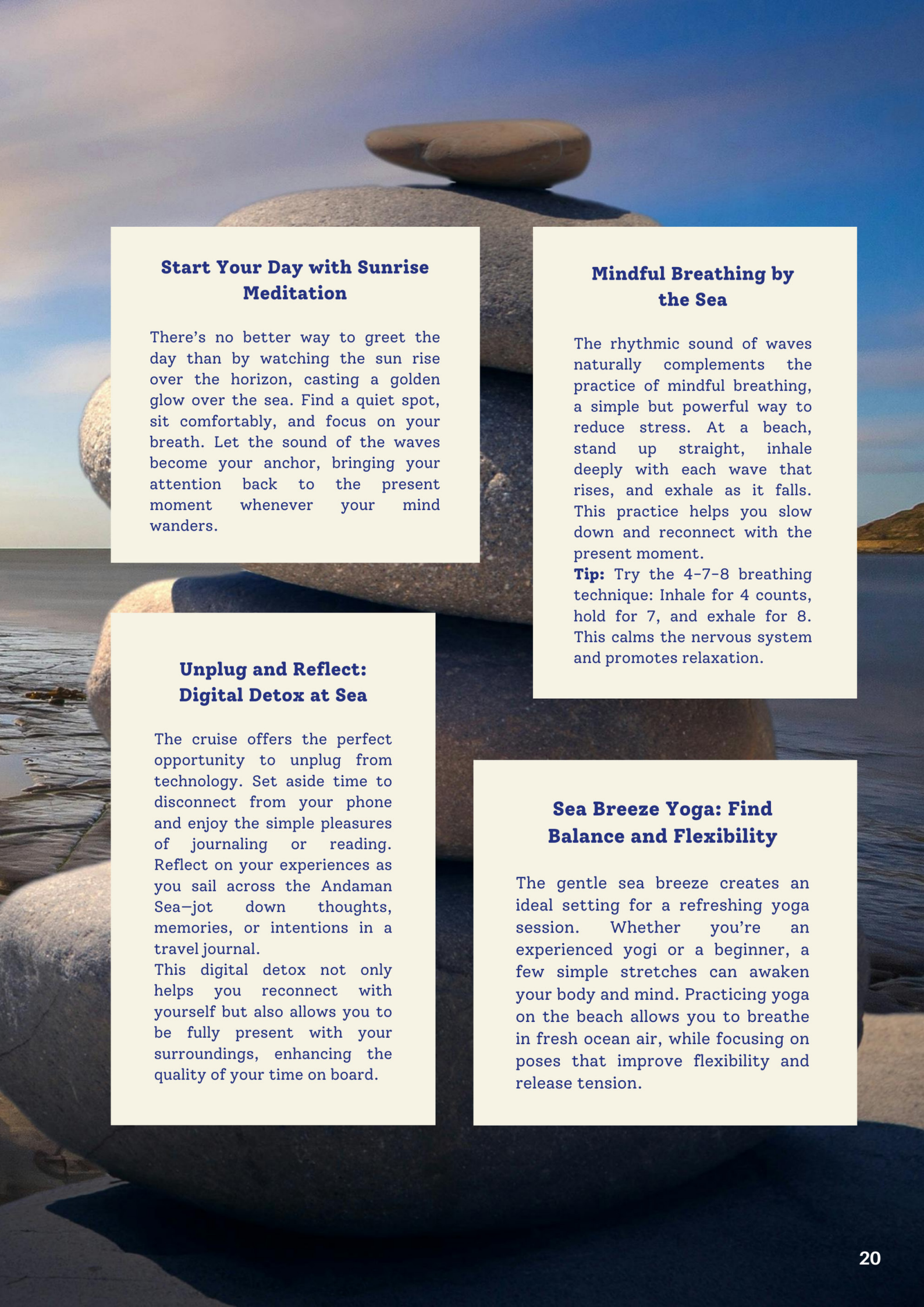
inner calm

WELLNESS AND MINDFULNESS AT SEA

*T*he sea has a unique way of soothing the mind and body, and with the right practices, your time on the cruise can become a wellness retreat of its own. Whether you're looking to relax, practice mindfulness, or recharge your energy, here are some ways to cultivate inner calm while sailing through the Andaman waters.

Studies suggest that exposure to sea air, with its high levels of negative ions, can improve mood and reduce stress. The repetitive sound of waves activates the parasympathetic nervous system, which helps the body relax and recover.

Spending time by the sea is also known to improve sleep quality, leaving you refreshed and rejuvenated.



Start Your Day with Sunrise Meditation

There's no better way to greet the day than by watching the sun rise over the horizon, casting a golden glow over the sea. Find a quiet spot, sit comfortably, and focus on your breath. Let the sound of the waves become your anchor, bringing your attention back to the present moment whenever your mind wanders.

Mindful Breathing by the Sea

The rhythmic sound of waves naturally complements the practice of mindful breathing, a simple but powerful way to reduce stress. At a beach, stand up straight, inhale deeply with each wave that rises, and exhale as it falls. This practice helps you slow down and reconnect with the present moment.

Tip: Try the 4-7-8 breathing technique: Inhale for 4 counts, hold for 7, and exhale for 8. This calms the nervous system and promotes relaxation.


Unplug and Reflect: Digital Detox at Sea

The cruise offers the perfect opportunity to unplug from technology. Set aside time to disconnect from your phone and enjoy the simple pleasures of journaling or reading. Reflect on your experiences as you sail across the Andaman Sea—jot down thoughts, memories, or intentions in a travel journal.

This digital detox not only helps you reconnect with yourself but also allows you to be fully present with your surroundings, enhancing the quality of your time on board.

Sea Breeze Yoga: Find Balance and Flexibility

The gentle sea breeze creates an ideal setting for a refreshing yoga session. Whether you're an experienced yogi or a beginner, a few simple stretches can awaken your body and mind. Practicing yoga on the beach allows you to breathe in fresh ocean air, while focusing on poses that improve flexibility and release tension.

A top-down view of a bowl of Burmese Khaw Suey. The bowl is filled with a thick, orange-colored coconut-based broth. Inside, there are thin, white rice noodles, chunks of white tofu, and various vegetables including green bell peppers and green onions. The dish is garnished with a generous amount of shredded, fried shallots, fresh green cilantro leaves, and a few whole peanuts. Two lime wedges are placed on the right side of the bowl. The bowl itself is a light-colored, speckled ceramic. A red and white checkered cloth is visible in the top left corner.

A TASTE OF THE ISLANDS

Burmese Khaw Suey

Burmese Khaw Suey is a hearty coconut-based noodle soup that reflects the Burmese influence on the Andaman Islands, carried through generations by the Karen community, which still thrives on the islands today. This flavorful dish, with its layers of textures and garnishes, offers a rich cultural experience that combines spices, creamy coconut, and fresh toppings. Traditionally served as a one-bowl meal, Khaw Suey is both comforting and customizable.

INGREDIENTS

- For the Soup:
 - 2 tablespoons oil
 - 1 onion, finely chopped
 - 1 tablespoon ginger-garlic paste
 - 1 teaspoon turmeric powder
 - 1 teaspoon red chili powder
 - 400ml coconut milk
 - 2 cups vegetable or chicken broth
 - 200g chicken (or tofu for a vegetarian version), sliced
 - Salt, to taste
- For the Noodles:
 - 300g egg noodles
- Garnishes:
 - Fried garlic slices
 - Chopped coriander leaves
 - Lemon wedges
 - Crispy fried onions
 - Chopped green chilies
 - Roasted peanuts
 - Boiled eggs (optional)

DIRECTIONS

1. Sauté the Aromatics: Heat the oil in a pan and sauté the onions until golden brown. Add the ginger-garlic paste, turmeric, and red chili powder, and cook until fragrant.
2. Simmer the Soup: Add coconut milk and broth to the pan, stirring to combine. Bring the mixture to a simmer, then add the sliced chicken (or tofu). Let it cook for 10-15 minutes until the chicken is tender. Season with salt to taste.
3. Prepare the Noodles: Boil the egg noodles according to the package instructions. Drain and set aside.
4. Assemble the Dish: Place a portion of noodles in a bowl, ladle the hot soup over the noodles, and add a selection of garnishes to suit your taste.



**Try the Burmese
khow suey in Tilar
Siro's Marakele
restaurant in
Havelock!**



PACK like a PRO

When preparing for your adventure to the stunning Andaman Islands, packing smartly can make all the difference between a stressful trip and a seamless getaway. Whether you're basking on sun-kissed beaches, exploring lush forests, or delving into local culture, having the right items will enhance your experience. Here's your ultimate guide to packing essentials, along with stylish additions for both men and women.



Pack a broad-spectrum sunscreen with high SPF to shield your skin from harmful UV rays. Sunglasses with UV protection and a wide-brimmed hat will complete your sun safety gear.



Invest in a durable, lightweight suitcase or travel backpack. Opt for a size that complies with airline carry-on regulations, ensuring you can move freely without excess baggage.

Don't forget your swimsuit! Whether you're lounging on the beach or taking a dip in crystal-clear waters, having two to three swimsuits allows for flexibility while ensuring you're always beach-ready.



Pack any personal medications you might need, along with a small first aid kit containing band-aids, antiseptic wipes, and any over-the-counter remedies you may require. Don't forget insect repellent, especially if you plan to explore forested areas.



Opt for a pair of sturdy, waterproof sandals or flip-flops for beach outings, alongside comfortable walking shoes for exploring the islands. Make sure to break them in before your trip to avoid blisters.



Stay hydrated while being eco-friendly. A reusable water bottle will keep you refreshed and reduce plastic waste during your travels.



Download a travel app or carry a guidebook to help you navigate the islands and discover hidden gems. Offline maps can be especially handy in areas with limited internet connectivity.



Choose breathable, quick-dry fabrics to stay comfortable in the tropical climate. Lightweight t-shirts, shorts, and dresses are perfect for daytime exploration. For evenings, a light sweater or shawl can come in handy.

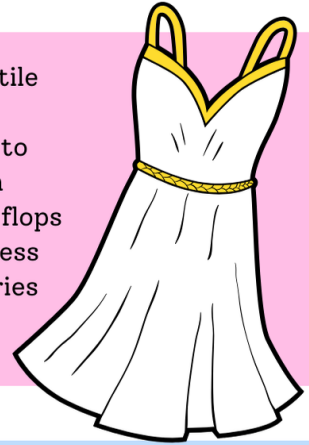


STYLE ESSENTIALS For Women

A chic beach cover-up is perfect for slipping over your swimsuit while heading to and from the beach, adding an effortless style touch to your look.



Pack a couple of versatile sundresses that can transition from beach to dinner. Pair them with stylish sandals or flip-flops during the day, and dress them up with accessories for the evening.



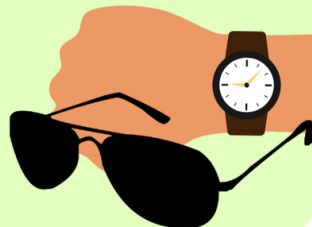
Include a few statement pieces of jewellery, such as earrings or bracelets, that can elevate your outfit without taking up much space. A stylish beach bag or tote will complete your look while providing ample room for your essentials.

STYLE ESSENTIALS FOR MEN

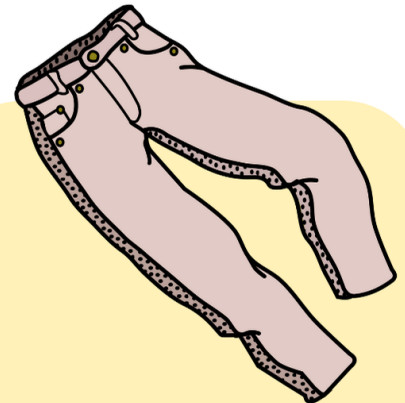
Pack a mix of casual button-down shirts and lightweight t-shirts. Opt for breathable fabrics to keep you cool during the day and elevate your look for evenings out.



Consider packing a stylish watch and sunglasses to add a touch of sophistication to your outfits. A lightweight scarf can also serve as a versatile accessory, adding warmth during cooler evenings.



Versatile chinos or linen pants provide a polished yet relaxed appearance for dining out or exploring local attractions.



Final Tips

- **Leave Room for Souvenirs:** Remember to leave some space in your luggage for any unique finds or souvenirs you may pick up during your travels.
- **Check the Weather:** Before you finalize your packing list, check the weather forecast for the Andaman Islands to ensure you're prepared for any conditions.

With these packing tips, you'll be well-equipped to explore the Andaman Islands in style and comfort. By blending practicality with fashion, you'll be ready to embrace all the adventures that await you in this tropical paradise!



Our FLEET

MAKRUZZ

Acquired by MAK Logistics in November 2009, M.V Makruzz was built in the state-of-the-art Damen Shipyard, Singapore, in 2002. The Catamaran is a twin-hull vessel with two fully air-conditioned decks and a passenger capacity of 280 people along with a plethora of other advantages ranging from speed, stability and space.

No of Decks - 2

No of Decks - 2 | Class- 3 | Capacity- 280

Premium-208 | Deluxe- 64 | Royal- 8

MAKRUZZ GOLD

Built in 1996 in Damen Shipyard, Singapore, M.V Makruzz Gold is the largest amongst the three catamarans. The vessel was pressed into service in the Makruzz family in May 2016 to reciprocate the success and grandeur acquired by M.V. MAKRUZZ. The catamaran is at par with global standards and has two spacious decks split with a passenger capacity of 333 and the most luxurious seating.

No of Decks - 2 | Class- 3 | Capacity- 333

Premium-262 | Deluxe- 63 | Royal- 8

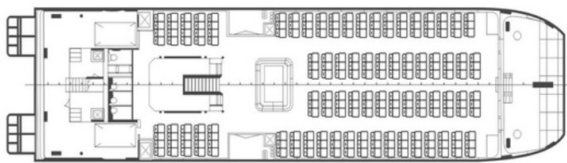
MAKRUZZ PEARL

The newest among three catamarans, M.V Makruzz Pearl was introduced to the MAK family in 2018. Built by Austal Shipyard, Australia in 1998, M.V MAKRUZZ PEARL is a twin-hull vessel that has one very spacious deck with extensive table seating and one class for passenger seating, boasting a capacity of 250 people.

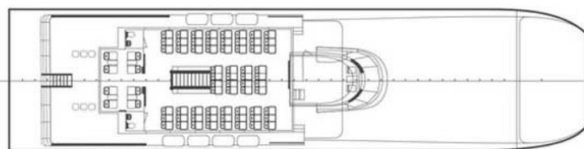
No of Decks - 2 | Capacity- 250 | Premium- 250



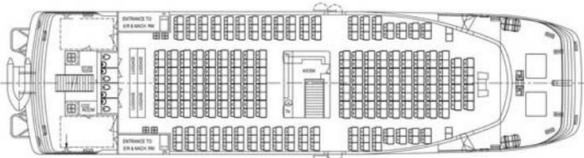
LOWER DECK



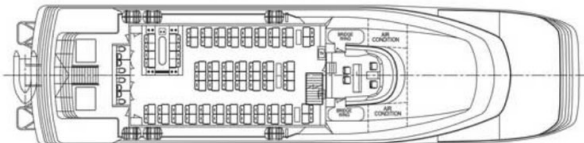
UPPER DECK



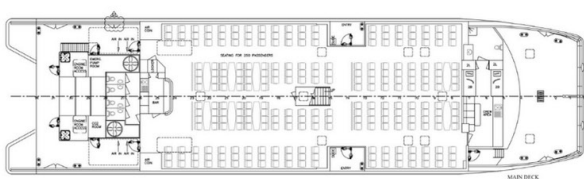
LOWER DECK



UPPER DECK



LOWER DECK



Celebrity TESTIMONIALS



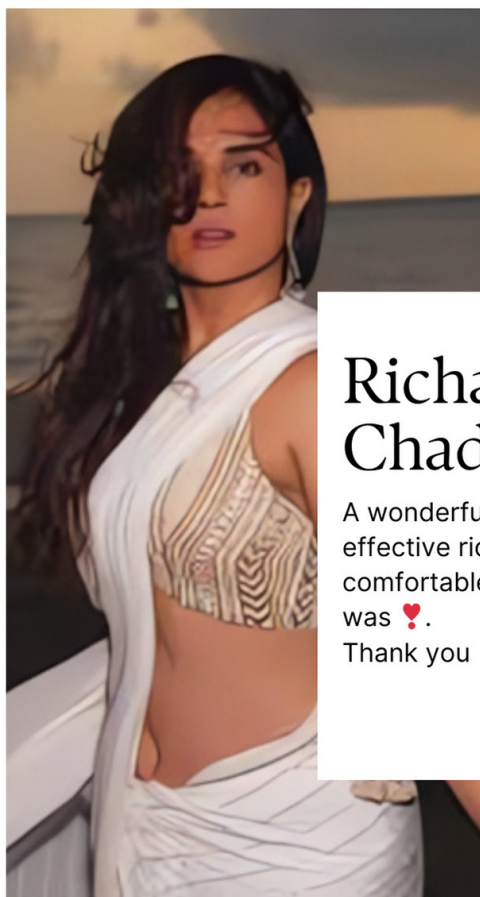
**Sonakshi
Sinha**

A Pleasure being on
board. The staff and
crew was super nice!
Best Wishes ❤️



**Sidharth
Malhotra**

Easy, comfortable and
good service. Thank
you for the ride.
Big Love ❤️



**Richa
Chadha**

A wonderful, easy and
effective ride. Super
comfortable and the staff
was ❤️.
Thank you

m, a, r, a, k, e, l, e

KITCHEN

SAVOUR THE ESSENCE OF THE ANDAMANS

The Greater Andamanese Tribe named the Andaman Archipelago 'Marakele'. Inspired by this, The Marakele Kitchen at Tilar Siro Andamans celebrates the eclectic culture of the destination.

Every dish takes you on a journey of discovery across the islands. Our chefs have curated recipes inspired by the kitchens of the Karen community, early settlers, and the diverse cultures that have shaped the island life.

From the ocean's freshest catch to herbs foraged from the rainforests and island-grown farm vegetables, every ingredient on your dish speaks of untold tales. It's a menu that will treat your tastebuds with delightful flavours.

A unique culinary voyage awaits you at The Marakele Kitchen. Come get a taste of the authentic island experience, only at CGH Earth Tilar Siro Andamans.



Tilar Siro
andamans
a cghearth experience

BEACH NO. 5, VIJAY NAGAR SWARAJ DWEET (HAVELOCK ISLAND), ANDAMAN AND NICOBAR ISLANDS-744211

TO BOOK YOUR TABLE, CONTACT +91 90460 07897

@tilarsiro_cghearth

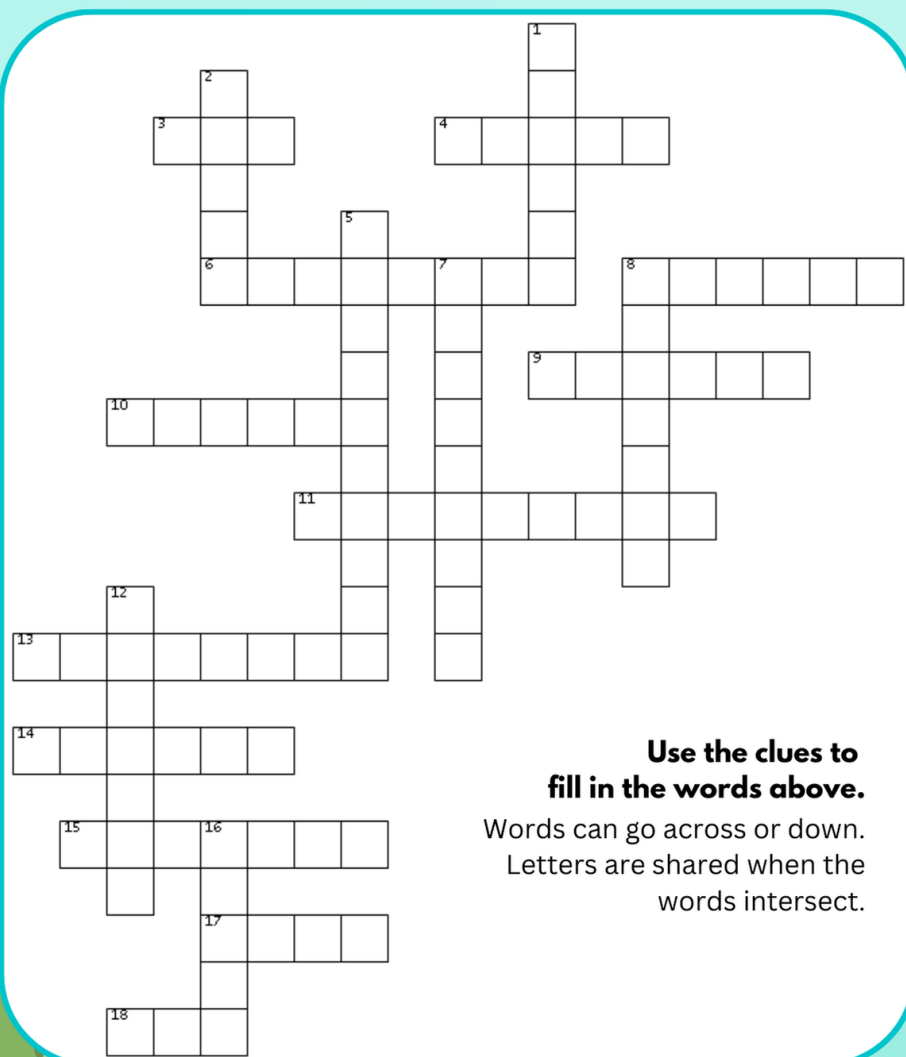
DISCOVER THE ANDAMANS: *A Crossword*

ACROSS

3. Large body of saltwater.
4. Marine organisms that form reefs in tropical waters.
6. Cultural traditions passed down through generations.
8. Activity to explore the underwater world.
9. Landmass surrounded by water on all sides.
10. Evening view as the sun goes down.
11. Capital city of the Andaman and Nicobar Islands.
13. Coastal trees important for preventing erosion.
14. One of the indigenous tribes of the Andaman Islands.
15. Delicacies from the sea are popular in the Andamans.
17. Underwater structure built by corals.
18. Body of water partly enclosed by land.

DOWN

1. Marine creature that nests on Andaman beaches.
2. Sandy shore by the sea or ocean.
5. Coastal structure that guides ships at night.
7. Exciting experience or activity.
8. Playful marine mammal often seen in Andaman waters.
12. Activity to observe underwater life near the surface.
16. Mode of transport to travel between islands.



**Use the clues to
fill in the words above.**

Words can go across or down.
Letters are shared when the
words intersect.

Across:
1. CORAL, 4. TURTLE, 5. PORTBLAIR, 7. SNORKEL, 8. MANGROVE, 9. LIGHTHOUSE
Down:
1. ISLAND, 2. JARAWA, 3. DOLPHIN, 6. FERRY, 8. REEF

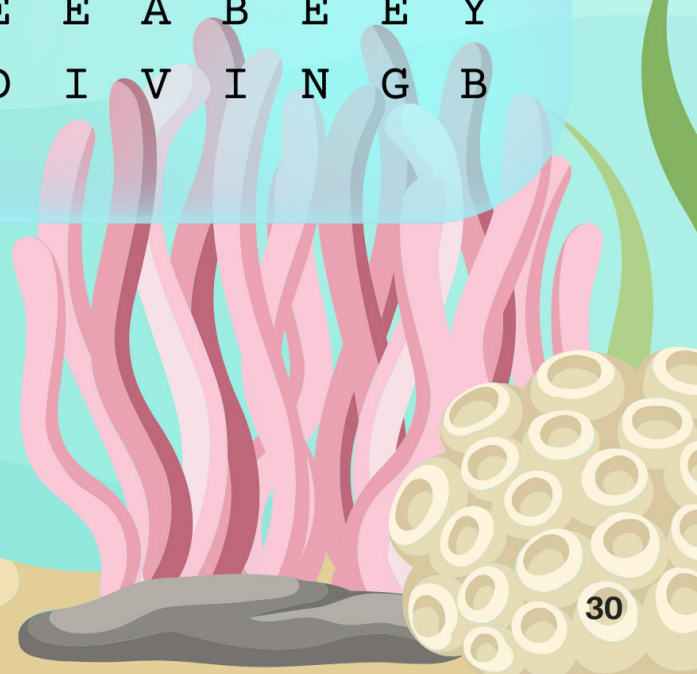
ISLAND TREASURES

A WORD SEARCH ADVENTURE

P O R T B L A I R Z B S H I P
L Q R E D I S L A N D R N O F
H W A N I A T R E E F Q H S U
E S E A H O U S E J O I C T R
V H A S O U R S M N N U K A R
B A Y R A E T R E V S D A H T
I L I G H T H O U S E S T B M
S A D V E N T U R E J I I E O
J L E T O S N O R K E L V A L
A W U D K I J R S E A F D P G
A T W I D N T O U R E S L E H
W H I L E N C O R A L I B A I
I R E E F S H I P Y G B N N T
V M A N G R O V E E A B E E Y
G N A R L U R S D I V I N G B

WORDS TO FIND:

CORAL, SNORKEL, ISLAND, PORTBLAIR,
JARAWA, MANGROVE, DOLPHIN, FERRY,
TURTLE, REEF, SEA, BAY, SHIP,
LIGHTHOUSE, BEACH, SUNSET, SEAFOOD,
DIVING, ADVENTURE, HERITAGE





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